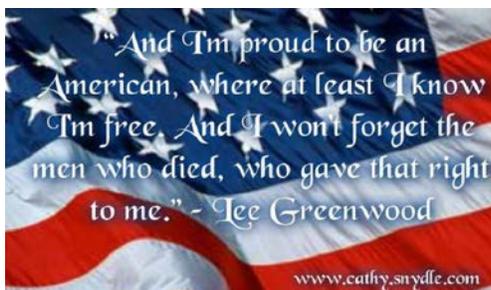


FAMILY & CONSUMER SCIENCES

Lyon County Extension Homemaker Newsletter

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July 2017



Calling the Eight County Chairmen

County Chairmen, please mark the date of July 11, 2017 to stop by the office and complete your reports that must be sent to the area officers. As we did last year, I have blocked off two hours of time, 1:30 -3:30, on July 11 for you to stop by the office and complete your reports. This eliminates questions and allows me to help you get your reports done in a timely manner. Hope to see each of you then!

- Cultural Arts and Heritage-Christy Stephens
- Environment Housing and Energy-Kathy Hilkey
- Family and Individual Development-Ruth Palmiter
- Food, Nutrition and Health- Linda Williamson
- 4-H Youth Development-Carrie Barnett
- International- Kristy Dunn
- Leadership Development-Marilyn Reibel
- Management and Safety Program- Linda Smith

Pennyrile Homemakers Hit the Road

We are just a few days away from our trip to Frankfort. If you are signed up to go, please talk with your roommate and make sure one of you has called to reserve your room. Remember, I am only taking care of the transportation. It is up to you to make your room reservation by calling 502-223-4600. Please be at the Extension Office and ready to leave by 6:00 AM on the morning of July 19th. Please do not feel you have to get here by 5:00 AM or before. We have plenty of room on the bus. I will not be arriving before 5:40 AM that day so the building will not be unlocked until that time. I am looking forward to a great couple of days touring our state capitol. I know we will have a wonderful time!



County Annual Day 2017

What a great time we had “Growing Together” at our 71st Annual County Annual Day. If you did not attend you missed a great day of food, fun, and learning. There were many beautiful items sold at our auction bringing in \$666 for the Lyon County Homemaker general fund.

Solar Eclipse Information

I feel it is important to make sure that all Homemakers are prepared for the onslaught of visitors we will have in our community on August 21, 2017. While our leaders in Lyon County have been astute in preparing and trying to cover every mishap that could occur, there is no guarantee that we won't have some unpleasant surprises. Below, please read the letter sent to us by the Kentucky Transportation Cabinet. **IT IS VERY IMPORTANT THAT YOU ARE PREPARED FOR THIS.** Please take precautions and make sure you are ready for the influx of over 100,000 individuals to our county and surrounding area.

Transportation Cabinet urges businesses to prepare for August 21 influx of visitors

Total solar eclipse expected to impact food and fuel deliveries

HOPKINSVILLE, Ky. (June 19, 2017) – It's an event that could rival the Ringling Brothers and Barnum & Bailey Circus for the title "Greatest Show on Earth." A total solar eclipse will sweep across 14 states, including 10 Kentucky counties on August 21, 2017.

With the Hopkinsville area listed among the top 10 eclipse viewing sites along the path, state and local agencies are preparing for a massive influx of visitors during the total solar eclipse. They are urging area business to take steps now to prepare for traffic issues that may impact routine food and fuel deliveries.

"With NASA predicting between 100,000 and 500,000 visitors to the region for the eclipse, we're urging businesses to think through some of the supply challenges that may be created by heavy traffic and several days of high demand for food, fuel and grocery supplies," said Mike McGregor, District 1 chief engineer. "The time to plan is now."

Businesses may encounter the following challenges during the influx of visitors:

- The impact of heavy traffic on the ability of employees to get to and from work in a timely manner.

- Potential long lines at fuel pumps limiting access to fuel employees need to get to and from work.
- Ability of vendors to deliver food, fuel, groceries and other critical supplies due to traffic congestion.

Max Arnold and Sons, of Hopkinsville, operate convenience stores and truck stops at 22 locations, most within the eclipse corridor. During early June, western Kentucky gets a surge of traffic the week of the Bonnaroo Festival in Manchester, Tennessee, and Fan Fair in Nashville. The Max Fuels locations start preparing about a week ahead of time by stocking staple items, such as bottled water, and by keeping fuel storage tanks topped off along the busy Interstate 24 corridor.

According to dispatcher Eddie Pevette, the company plans to make similar preparations during the eclipse, scheduling extra fuel deliveries at night when traffic is light. Pevette encourages area residents to treat the eclipse much the way they would an approaching snow or ice storm.

"It would really be helpful if our local folks could fill up early in the week before the eclipse," Pevette said. "Most people can go about a week on a tank of gas. Filling up early will help area stores maintain a fuel supply through the weekend before the eclipse and into the next week."

Several area restaurants have indicated they plan to stage extra food supplies nearby using rented refrigerated trailers.

While some area businesses like the Max Fuels stores have already developed strategies, McGregor says all businesses in the eclipse corridor should make plans for maintaining their supply lines and their inventory of high-demand items.

Transportation officials offered the following suggestions for businesses:

- Consider early and overnight delivery of critical supplies due to expected daytime traffic snarls.
- Consider increasing inventory of basic items with temporary storage space prior to the eclipse.
- Prepare for congestion and traffic jams.

- Consider flex work schedules to avoid expected difficult travel conditions.
- Encourage employees to have a full tank of gas prior to the time visitors begin to arrive in the area.

KYTC District 2 engineers have offered traffic control suggestions to several of the eclipse event venues across the region in an effort to minimize potential traffic snarls. Traffic engineers have also trained Hopkinsville police to operate traffic signal controllers manually so officers don't have to stand in the middle of intersections to direct traffic.

"We want visitors to the area to have a good experience so they'll consider coming back for a vacation," McGregor said. "By helping businesses to prepare for a number of contingencies based on traffic expectations, we can help minimize the potential for eclipse-related problems."

Over the weekend of Aug 19 and 20 and on eclipse day, Aug. 21, visitors and local residents alike can expect heavy traffic and long lines at grocery stores, restaurants and service stations. The eclipse in Kentucky is expected to last from about 12 noon to about 3 p.m. CDT with totality of just over 2.5 minutes along the main path.

The Transportation Cabinet will offer additional tips for both visitors and local residents in coming weeks. To remain informed about eclipse-related traffic and travel information in Kentucky, connect with KYTC at twitter.com/KYTC, twitter.com/KYTGoKY and facebook.com/kytc120.

Additional eclipse planning resources are available at the following sites:

- <http://www.kentuckytourism.com/eclipse/eclipseevents.aspx>
- <http://www.eclipseville.com>
- <http://www.starnetlibraries.org/EclipseGuide/>
- <http://www.GreatAmericanEclipse.com>
- <http://nationaleclipse.com/>
- www.eclipseophile.com

Keith Todd
Public Information Officer
District One & Two
Kentucky Transportation Cabinet
Paducah: [270-898-2431 Ext. 282](tel:270-898-2431)
Madisonville: [270-824-7080 Ext. 293](tel:270-824-7080)
Cell: [270-210-8009](tel:270-210-8009)
keith.todd@ky.gov <<mailto:keith.todd@ky.gov>>

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Sincerely,



Angie York County Extension Agent for Family & Consumer Sciences

Calendar of Events

Preservation Workshop: Water Bath Canning

Date: July 6, 2017 (10:00am-2:00pm)

Class size: 10

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: June 29, 2017

This will be the second in a series of three preservation classes. Learn all about the difference in pressure canning versus water bath canning as well as getting in some hands on experience with canning homemade jams and jellies.

Working on your PHD: Projects Half Done

Date: July 7, 2017 (9:00am-4:00pm)

Class size: unlimited

Cost: Free

Supplies: You will bring your own projects.

Last Day to Sign Up: June 30, 2017

If you are a quilter or crafter you probably have some projects half done stored in your closet. Join in to work on your "PHD" and clean out all those long lost projects. There will be help on hand if you are stumped.

Lyon County Farmer's Market Celebration

Stop by the pavilion in Kuttawa and join in on the Farmer's Market Fun. On July 8, 2017 there will be a celebration with free goodies, door prizes, and food samples. Oh, and while you are there you can stock up on locally grown fresh produce. Don't miss out! We will be there from 7:00 AM until 10:00 AM.

Preservation Workshop: Freezing and Dehydrating

Date: July 13, 2017 (10:00am-12:00pm)

Class size: 10

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: July 10, 2017

This will be the third in a series of three preservation classes. Learn all about freezing and dehydrating. We will learn some easy ways to make store bought favorites at home.

Christmas in July

No Sew Fabric Wreath

Teacher: Susan Lambert

Date: July 14, 2017 (9:00am-3:00pm)

Class size: 14

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: July 10, 2017



Join us as Susan shows us her pattern, tips, and techniques for making this cute fabric wreath! All you have to do is call to sign up. The rest will be ready when you get here!

Keys to Embracing Aging Research Project

Class #4 Brain Health

Date: July 25, 2017 (4:15pm)

Class size: unlimited

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: July 24, 2017

Part four of the 12 month series, Keys to Embracing Aging, will cover brain health. **You do not have to be present at all 12 classes for your information to be counted in the research study.**

County Annual Day Pictures

