

Lyon County Extension Homemaker Newsletter

**Cooperative
Extension Service**
 Lyon County
 231 Main Street, P.O. Box 36
 Eddyville, KY 42038
 (270) 388-2341
 Fax: (270) 388-4627
www.ca.uky.edu/ces

June 2016

Tying Up Loose Ends

Another Homemaker year has come and gone. Can you believe how fast they pass? You know what that means, right? It is reporting season. So before you head to the lake, get out in the garden, or leave for that summer vacation, take just a few minutes to tie up those loose ends and get your volunteer hours and other reports to your club presidents this month. I know you loathe this process because you are very vocal about how much you despise getting me the information, but, it is more important now than ever that we show the significance of all that Lyon County Homemakers accomplish each year. Why? Well, have you seen all the news lately talking about budget cuts to higher education? That is us folks. We are an "extension" of higher education. If we can't show worth, then our worth may come into question and we don't ever want that to happen. Your reports help our specialists in Lexington turn your good deeds into grant dollars and programs that keep Homemakers a thriving part of Extension and the higher education process. So turn that negative energy used for fussing about this process into positive thoughts about all the good we do and get those reports to your club officers. You and all of your volunteer projects are important to the longevity of this program. As always, thanks for all you do to serve those around you. -Angie



Did you Know?

Often with Homemakers clubs, time goes by and new members come and go. Unfortunately, when those members leave they take information with them. Sometimes it is information that helps us follow the rules and regulations set forth by the University of Kentucky and our Homemaker state leaders. Did you know that all of this information is at your fingertips? To get information on state and local guidelines and bylaws just visit www.keha.org. There you will find anything you might need to run a successful Homemaker club. In this month's newsletter I am adding the Guidelines for Homemakers Clubs as a refresher for each of you. Read through these this summer and make some notes on how you can help your club to make sure they remember and implement all the rules and guidelines.

Guidelines for Homemaker Clubs

A Homemaker club is an informal learning setting for you and your club members. Programs offered by the Family & Consumer Sciences (FCS) agent in the Cooperative Extension Service are researched-based, drawing upon information from the University of Kentucky.

These general guidelines should be considered by each club as part of a complete Homemakers program. Clubs must work within the framework of the county, area and state program, tailoring it to your club members' needs. You should emphasize and enlarge upon your club's main

interests and minimize and retain those of lesser interest.

1. Elect officers – president, vice-president (or president-elect), secretary and treasurer. The secretary and treasurer’s offices may be combined.
2. Pay dues. Each member must pay dues to the county, area and state Homemaker Associations.
3. Club should have bylaws, statement of compliance and club goals.
 - a. To be reviewed annually by members.
 - b. Copy on file at extension office.
 - c. Each member should be provided with a copy of the bylaws and any other materials deemed appropriate.
4. Club should have at least 6-8 active members.
 - a. Can be less – but more members will spread the responsibilities.
 - b. There is no maximum number of members.
 - c. No waiting lists.
 - d. No restrictions as to race, religion, gender, age, disability, national origin.
5. Club must work within the framework of KEHA as a volunteer organization that works to improve the quality of life for families and communities through education, leadership development and charitable activities in cooperation with the University of Kentucky Cooperative Extension Service.
6. Clubs should have orderly meetings using parliamentary procedures.
7. Clubs should have educational lessons.
 - a. Lesson provided by Extension service.
 - b. If the lesson is provided by an outside resource, make sure the information is factual and researched. The FCS agent can advise you.

8. Clubs should participate in county, area and state activities. Be sure information on upcoming events is presented in a timely manner.
9. Clubs should recognize members’ support and participation in whatever form your club chooses such as verbal, thank you notes, certificates and awards.
10. Clubs should encourage members to submit for county, area and state offices when qualified.
11. The club president or a representative must attend each County Council meeting.
12. Each club should send suggestions annually for the following year’s program lessons.
13. County subject matter chairmen may act as hostesses for leader training lessons.
14. Established clubs should consider sponsoring new clubs.
 - a. When recruiting members, find their interest and develop a club to meet those interests and needs.
 - b. Help new club establish bylaws.
 - c. Help establish meeting procedures.
 - d. Help officers in their duties.
 - e. Present a few educational and fun lessons.
 - f. Exchange visits between clubs.
15. Clubs should complete and submit reports annually as outlined in the KEHA Manual.
16. Clubs should follow the financial guidelines for University of Kentucky Cooperative Extension Service Volunteer Groups. [Access the guidelines from the KEHA website (www.keha.org) or request information from your county FCS agent or Extension office.]

Awareness

Every member should be aware of the following:

1. The county FCS agent sends a newsletter to each member. The newsletter contains

dates of training sessions, articles of interest and county, area and state activities.

2. Members may request information on a specific interest from the Extension office usually at no charge.
3. Meetings and training sessions are coordinated by the Extension service for each major and supplementary lesson.
4. County chairmen and officers are available to help clubs and their members.
5. Any club and its members may help any other club and its members.
6. Any member may visit another club's meeting in order to make up a missed lesson provided they first contact that club. This can be counted toward perfect attendance.
7. Listings of other club's meeting days and the president of each club are provided to each President.

Save the Date

Exciting things are happening this summer! Put these events on your calendar now and watch the newsletter for more information. You don't want to miss out on the good information and fun!

June 16- Homemaker County Annual Day
Early Bird Registration by June 7th.
Last Date to sign up June 10th.



Did you hear the buzz? Chuck Collins from the Bee Barn will be on hand at County Annual Day to share all about bees. Chuck will be bringing a hive with him for us to observe. Plan now to spend the day with us as we learn about these amazing creatures. Here's what you need to know for the event:

- Early bird cost to attend will be \$1.00 if you pay your money and sign-up by June 7th. After June 7th the cost will be \$5.00. The

absolute last day to sign up is June 10th. There will be no late registrations taken.

- Please bring a salad to share with the group for our potluck lunch. There is always a great variety and we can't wait to see what you bring this year!
- Please bring items for the auction. The County Annual Day committee asks that you bring items that are hand/home made by you to sell at the auction. Anything you make or bake will be great. Proceeds from the auction will go to Homemaker general funds.

In addition to the Auction this year, Carole Green will be making and donating a "Bee Your Best" Quilt for us to raffle as an opportunity quilt. Ticket sales will go on through October 2016 and the quilt winner will be drawn in October. All proceeds from the opportunity quilt will go to the Lyon County Homemaker Scholarship fund. Tickets will be \$1 each and the County Annual Day committee asks that each Homemaker commit to selling 10 tickets. Tickets will be available for you to sell at the Extension Office and during club meetings and Homemaker programs.

July 13-14, 2016

Pennyriple Area Homemakers Summer Trip

Last Date to sign up June 20th, 2016

No late reservations will be taken

Looking for a fun overnight trip this summer? Grab a buddy and head to Bardstown Kentucky for two days of sightseeing and fun with Homemakers from across the Pennyriple Area (yes, I know we are going there in December, no, I had no part in planning this, I am just the messenger, no, the ones who did plan this did not know we are going there in a few months) (also, this summer trip does not include the train that we are taking in December, you can do both trips and not see the same thing). Agents from the 9 Pennyriple counties will be arranging transportation. The cost includes tickets to all the activities and the hotel stay. Please see the flyer included in the newsletter for all the details.



Homemaker Area Annual Day
Hosted by Muhlenberg County Homemakers
October 25, 2016
Last day to sign up is Friday October 14, 2016
No late registration will be taken

Muhlenberg County Homemakers cordially invite you to join them for Homemaker Area Annual Day to be held at the Second Baptist Church located at 217 W. Depot Street in Greenville, KY. The theme this year will be "laughter is like music for the soul." In a community rich with music history, we are sure to have a great time and learn many new things about our neighbors across the Pennyriple. Save the date and plan to join me for the event. Cost and final details will be relayed in future newsletters.

December 2-Homemaker Holiday Trip

Do you hear the train a-coming? Rolling 'round the bend? Don't be the last one to get on board. Save the date and get ready to ride as we travel to Bardstown Kentucky to ride on My Old Kentucky Home Dinner Train. This will be a private ride as they will be opening up just for the Lyon County Homemakers. The cost for the day trip will be \$130. Mark your calendars now for sign-up day which will be September 8, 2016 at 8:15 am. Watch upcoming newsletters for all the details on this great holiday trip!



March 7-Cultural Arts 2017

Because numbers were down last year in entries from Lyon County, I am giving you ample time to get your projects completed and ready to be entered in to next year's Cultural Arts competition. Please mark your calendars for March 7, 2017 and make plans to finish up those wonderful projects you have started. Lyon County Homemakers is blessed with many talented members, and I am always so proud to display your work and see all the ribbons we bring home. Because of feedback from Homemakers across the Pennyriple, I think you will see the return of

lunch being served during the day of the competition. Programs will still be offered while judging is taking place. Plan to spend the day with us. You won't be disappointed in the amount of talent on display. Can't wait to see all your beautiful creations for the 2017 event!

Scholarship Winner

The scholarship committee is pleased to announce the winner for the 2016 \$1000 Lyon County Homemaker Scholarship is Aaron Smith. Aaron will be attending Murray State University to pursue a degree in Education.

A Note from VP Sharon Gates

To Homemaker Members,
May 16, 2016

Angie York (FCS Agent), Connie White (Homemaker County President) and I attended the Kentucky Extension Homemaker Association (KEHA) State Convention in Covington, KY April 18-21 representing Lyon County. We had a good time with fellow homemakers from around the state. There were four days filled with optional activities to keep you busy. We attended informative programs, viewed awesome quilt blocks and cultural art entries, heard interesting speakers, listened to the KEHA homemaker choir, laughed at fun night, enjoyed the banquet, tried our luck at the fundraiser silent auctions and raffles, ate some good food and took a bus ride to see downtown Cincinnati. For fun we walked into Tiffany's and admired the jewelry! There was also local tours and craft instruction programs we didn't have time to participate in. We were proud to accept the awards for Lyon County. Lyon County received 3rd place highest % number of new members and 1st place highest number of members with \$100 and the traveling trophy Ms Way to Go doll. The Pennyriple Area was awarded a \$500 grant for a Love Works leadership program. The table decorations Pennyriple Area Homemakers made for the awards breakfast was admired by all. We took 7 entries to the cultural arts judging. Nancy O'Brien from Saratoga club won 1st for her proddy flower

accessory and Carolyn Travis, member-at-large, won a blue ribbon for her pieced apron. I brought back 4 sewing books with instructions and patterns of sewing ideas from the Master Clothing Volunteers. Stop by the Extension and ask Angie to see the books. You might find a project or ideas for a fundraiser. Meet Ms Way to Go too!

Next year the state convention will be closer to Lyon County. It will be in Owensboro along the riverfront in May. I do not know the dates yet but we will let you know. Hopefully by sharing this information, you will get excited and we can plan to go by clubs or together and have a big representation from our county. Homemakers is more than a local and state organization but a national one too. It was fun and rewarding to be part of the big picture and an honor to represent our county. Thank you for sending me to be a part of it.

Sharon Gates
Lyon County Extension Homemaker Vice President



Homemaker Appreciation Event

I want to give a huge THANK YOU to Sharon Gates and the Advisory Council who worked to make the Homemaker Appreciation Event a success. The food, decoration, prizes, and fellowship were great. The rainy day may have made for gloom outside, but inside there was a true air of gratitude to the Lyon County Homemakers and all they do for this community. Thanks again to all who helped with this event!

Master Clothing Volunteers

MCV's are looking for donations of blue jeans for an upcoming project they will be teaching. If you have old jeans in your closet that you don't wear, the MCV's will gladly repurpose those for you. Please drop donations at the Extension Office and Angie will get them delivered.

Report Corner

- If you attended a meeting and heard the lesson on Plate It Up! Kentucky Proud, add that to your Food Nutrition and Health report.
- Don't forget to keep up with your volunteer hours for this month.
- If you attended a quilting class or other heritage art class please count toward your Cultural Arts Club Report.
- If you read any books this month, please list the name of the books and turn into your club President to be added toward the Cultural Arts Club report.

Educational programs of the Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.

Sincerely,

Angie York

Angie York County Extension Agent for Family & Consumer Sciences

Pennyrile Area Homemakers Summer Trip



When: July 13-14, 2016

Where: Bardstown, KY



Cost: \$110

Cost include tickets to all tours/shows, double occupancy hotel, and breakfast.
Lunch, dinner, and souvenirs not included.

Register at your local Extension Office by June 20, 2016.

<u>Wednesday, July 13, 2016</u>	<u>Thursday, July 14, 2016</u>
11:00 am CST Depart Muhlenberg Co. Extension	Continental Breakfast at the hotel on your own.
12:30 pm CST Lunch in Elizabethtown	
2:30 pm EST Check in Hampton Inn & Suites	9:30 am EST Depart hotel
3:00 pm EST Depart for tour	10:00 am EST Tour Heaven Hill Distillery
3:15 pm EST Tour My Old Kentucky Home	11:30 am EST Lunch in Historic Downtown and shopping on your own
5:00 pm EST Dinner at Kurtz Restaurant	3:00 pm EST Meet at Old Courthouse to depart for home
7:15 pm EST Depart for Stephen Foster Story	4:30 pm CST Arrive at Muhlenberg Co. Extension
8:00 pm EST Stephen Foster Story	
10:30 pm EST Depart for hotel	

Calendar of Events

Paper Crafters

Date: June 13, 2016 (5:00pm)

Class size: unlimited

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: June 10, 2016

Don't miss out on our monthly paper craft project. You just never know what we might get into, but I can guarantee it will be cute. Join us the second Monday night of every month!

County Chairman Paperwork Day July 12, 2016 (10:00am-12:00pm)

County Chairmen have the privilege of taking reported data from Lyon County and sending it to the appropriate Area Chairperson. Because of issues in the past, this year we will be trying something new to make the county paperwork process easy for all. Instead of doing this on your own, please stop by the Extension Office between the hours of 10:00 and 12:00 on Tuesday, July 12. I will be available to work with you during that time to get the paperwork completed and sent to the correct person. County chairmen include:

- Cultural Arts and Heritage-Elizabeth Longbrake
- Environment Housing and Energy-Kathy Hilkey
- Family and Individual Development-Helen Pratt
- Food, Nutrition, and Health-Linda Williamson
- 4-H Youth Development-Carrie Barnett
- International- Kristy Dunn
- Leadership Development-Marilyn Reibel
- Management and Safety Program- Linda Smith

Christmas Scrapbook

Date: August 5, 2016 (9:00am)

Class size: 10

Cost: **Early Bird Cost \$25.00 if you sign up by July 26th. Late Registration cost is \$30.00. The last day to sign up is July 29th. No late registrations will be taken.**

Supplies: All supplies will be provided.

Last Day to Sign Up: July 29, 2016

Join us and experience the wonders of Christy Stephens working her magic with paper and tape. You won't believe what she can do and she is willing to share her talent to show us how to make this cute Christmas photo and scrapbooking journal. All supplies will be provided. Participants should bring a sack lunch. There are only 10 spots available so don't wait to get signed up!

