

Lyon County Extension Homemaker Newsletter

**Cooperative
Extension Service**
Lyon County
231 Main Street, P.O. Box 36
Eddyville, KY 42038
(270) 388-2341
Fax: (270) 388-4627
www.ca.uky.edu/ces

November 2016

Thanksgiving Time

(Author Unknown)

When all the leaves are off the boughs,
And nuts and apples gathered in,
And pumpkins safe in barn and bin,
Then Mother says, "My children dear,
The fields are brown, and autumn flies;
Thanksgiving Day is very near,
And we must make thanksgiving pies!"



Happy Thanksgiving

Holiday Trip Update

Train Cancelled-New Destination Important Information-Please Read

As you know from previous newsletters, there was a chance that we would not have enough Homemakers sign up for our holiday trip to be able to reserve the train in Bardstown for the personal train ride. **We did not have enough sign up to continue with this trip.** Instead of

cancelling the trip completely, the itinerary has been revamped and we are now offering a new trip on the same date. Because we are so close to the time of the event, it is imperative that you come and sign up as soon as possible if you plan to attend. The new itinerary includes:

- Hearth and Home Rugs in Elkton Kentucky-tour and demonstration
- Guided tour of and shopping in the newly revitalized Bowling Green Downtown Area
- Dinner on your own at one of the many Downtown options. (cost not included in price)
- The Phoenix Theatre's presentation of "The Best Christmas Pageant Ever"

The cost for this trip will be \$55. If you paid for the train trip previously we will refund you the difference if you still plan to attend, or the whole amount if you decide not to go. We hope that everyone who has already signed up will still go with us. It will be a fun and busy day with lots to learn and explore. Please note, we will be leaving later in the morning for this trip as the play will end later in the evening and our arrival home will be a bit later than normal as well.

Just as last year, the University of Kentucky is requiring us to fill out a personal information sheet. We also need a copy of your insurance cards. This is just like at the doctor's office when you have to get a new copy and refill out the paperwork each year. I know it is not fun, but we have to comply with University protocol to continue with these trips. To try and make this process easier, **you received a copy of the needed participation form in the September**

newsletter. Please fill out the form and have your insurance cards ready for us to scan when you stop by the office.

Itinerary:

12:00 noon: Depart Lyon County Extension Office for Hearth and Home Braided Rugs in Elkton, KY

1:15 pm: Arrive at Hearth and Home Braided Rugs for facility tour

2:30 pm: Depart Elkton for Bowling Green (afternoon snack served on route)

3:45 pm: Arrive in Downtown Bowling Green for shopping and guided tour

5:15 pm: Have dinner in one of the many downtown restaurants (on your own) (cost not included in price)

7:00 pm: Load bus and depart for Phoenix Theater

7:30 pm: Play begins "The Best Christmas Pageant Ever"

9:00 pm: Load bus for return trip to Lyon County Extension Office

11:00 pm: Arrive back at Lyon County Extension Office

The absolute last day to sign up is Tuesday November 22, 2016. Please do not call the office after this date and put staff in the awkward position of having to say no. The tickets and stops have to be notified with a number on the 22nd and we cannot add anyone after that date. Please mark your calendars accordingly.

UK Opera Update

I regret to inform everyone that the November 16th performance of the UK SOOP opera at the Lyon County Elementary School has been cancelled. I was contacted a couple of weeks ago by the coordinator for the opera who was sad to say they did not have enough schools sign up for the traveling play this year. Because of the low numbers, they were not able to put on

the production. The coordinator promised to update me with information for next year if they will be offering a play. Again, please note, the November 16th play sponsored by the Homemakers for the Elementary school students has been cancelled.

Homemaker Area Annual Day Hosted by Muhlenberg County Homemakers, October 25, 2016

What a fun time was had by all who attended the 2016 Area Annual Day in Greenville, KY. Thanks to those who went for supporting our Area Homemaker endeavors, and thanks to Dixie Utter who officially stepped into her role as the Area President for Pennyriple Area. Please congratulate her on this honor and plan to support her in this role over the next three years.



Pretend Store Set-up Date December 7, 2016 - Pretend Store December 8, 2016 – Snow Day if needed December 10, 2016

Save the date for Pretend Store 2016. We will be serving 47 preschool students this year. As always, this number can fluctuate up or down daily as children move in and out of the school system. Now is the time to be buying items to donate for their shopping day. Suggestions to purchase are:

- Girl toys any age
- Boy toys any age
- Infant toys from 0 to age 3
- Teenage girl gifts (nail polish, notebooks, stickers, socks, toboggans, etc)
- Teenage boy gifts (flashlights including batteries needed to operate, gloves, socks, toboggans, etc)
- Female gifts (gloves, perfumes, purses, jewelry, notebooks, etc)
- Men gifts (flashlights including batteries needed to operate, gloves, socks, toboggans, etc)

Please begin to have discussions in your meetings this month about helping with Pretend Store this year. If you have not helped in a few years, I think you will find that it runs very smoothly and all are cheerful and helpful to work with on this project. As soon as you know of your schedule, please go ahead and sign-up at the office. There are many jobs to cover and many hands make light work. Don't miss out on an opportunity to be blessed while serving these children.

March 7-Cultural Arts 2017

Because numbers were down last year in entries from Lyon County, I am giving you ample time to get your projects completed and ready to be entered in to next year's Cultural Arts competition. Please mark your calendars for March 7, 2017 and make plans to finish up those wonderful projects you have started.

Genealogy Club Date Set for November 16, 2016

At the request of many, a new Genealogy club has been formed. As with any club it takes a lot of time to plan and get ready for the day. **Several people signed up for the first meeting but only two people showed up. Please, if you make the commitment to come, follow through with your plans.** Nancy Minor, Eddyville Club President and Lyon County Homemaker County Secretary, has agreed to lead a new special interest Homemaker club centered on Genealogy. This club will be non-traditional, as in it won't have minutes and a formal agenda, but will

allow different club members to share their experiences with gathering information on their ancestors and members will help each other learn and grow within the topic. From time to time speakers may be brought in and activities will be conducted as Nancy and the club members see fit. If you are interested in exploring your family history, please contact the office at 270-388-2341 and let us know. You don't have to have any prior experience before joining the group. This will be a "learn as you go" club. Please feel free to invite others who may not be Homemaker members. If you know someone who is interested in the topic, please spread the word about the club meeting. The date of the next meeting has been set for November 16, 2016 from 10:00 AM to Noon. Please join us!

Report Corner

- Don't forget to keep up with your volunteer hours for this month.
- If you attended a quilting class or other heritage art class please count toward your Cultural Arts Club Report.
- If you read any books **from the book list** this month, please list the name of the books and turn into your club President to be added toward the Cultural Arts Club report.
- If you attended a leader lesson on "Commercial Break Exercises," please note that on your Food, Nutrition and Health Report.

Opportunity Quilt Sales

This is your last opportunity to help the Lyon County Homemaker Scholarship fund by selling tickets for the Opportunity Quilt. The November meeting will be your last chance to pick up tickets and sell them for a great cause. As you know, we are well underway with selling tickets for the Opportunity Quilt with proceeds to fund the Lyon County Homemaker Scholarship for this year. **We still need to sell about 500 more tickets to meet our goal.** If you have not picked up your tickets to sell, please consider helping us reach our goal in the next couple of months. We will likely draw for the quilt in

November, but an exact date has not been set. We only ask that each Homemaker sell 10 tickets (or buy them for yourself). The quilt is great and we are fortunate to be able to use it for this cause. If you need flyers to use with your ticket sales pitch, please stop by the office. We can get you all you need.

**Lyon County Homemakers
Opportunity Quilt**



**\$1.00
a Ticket**

Tickets available at the
Lyon County Extension Office



Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.

All proceeds go to benefit the Lyon County Homemaker Scholarship Fund

Support Lyon County 4-H with Poinsettia Purchase



Poinsettias

Choose from
3 colors — 3 sizes
Red, White, Pink
Gold Pot Covers

Deadline to Order: November 17
**Pick-up Date:
November 28**

6 1/2" pots — \$8.00
8" pots — \$15.00
10" pots — \$20.00

Support local 4-H programs
Call the Lyon County Extension Office
270-388-2341



Save the Date!

2017 KEHA State Meeting

May 1-4, 2017



Mapping
Our future

OWENSBORO
MAY 1-4, 2017

- ◆ Hear Tim Farmer of KET's Tim Farmer's Country Kitchen at the Opening Banquet.
- ◆ Enjoy a performance by the KEHA Choir.
- ◆ Attend a variety of learning and training sessions.
- ◆ Visit with friends and network with KEHA members from across the state.
- ◆ Participate in the Quilt Square Showcase.
- ◆ Enjoy tours & hands-on sessions.
- ◆ Explore Owensboro.
- ◆ Learn, laugh and have fun!

Registration details will be included in the
KEHA State Newsletter in February 2017!

One day and full registration options will be available.
Lodging reservation info posted at www.keha.org.

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Sincerely,

Angie York

Angie York County Extension Agent for Family & Consumer Sciences



Calendar of Events

Homemakers, I am at a very frustrated point with scheduling classes. I have done my very best to highlight, bold, give plenty of advance notice, and other tactics to help you know for certain the last days when you can sign up for a class or event. We **MUST** put deadlines on signing up for classes because we have to prepare. As teachers we cannot wait until the day of the event to start planning. With that being said, **EVERY** class or event on the schedule, there is someone who calls after the deadline and wants to be added. There is always a list of reasons why people are late in calling, and I am sure they are valid, but that does not help with the problem that supplies have already been ordered and plans have already been made. Please, I am begging you for my stress level and that of others who teach for us, please do not call after the last date to sign up and ask to be in the class. It puts the staff in a very awkward position of having to say no. The rules are there for a reason, and as my dad would say, "they are not there to be broken." I really and truly appreciate your compliance with following the deadlines for our classes and events. Thank you so much for understanding. –Angie

Paper Crafters

Date: November 14, 2016 (5:00pm)

Class size: unlimited

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: November 11, 2016

Don't miss out on our monthly paper craft project. You just never know what we might get into, but I can guarantee it will be cute. Join us the second Monday night of every month!

--Date Change--

Fold and Stitch Wreath

Date: November 17, 2016 (5:00pm-9:00pm)

Class size: 12

Cost: **Early Bird Cost \$5.00 which will be returned to you if you sign up by November 11, 2016. Late Registration cost is \$5 that will not be returned on the date of the event. The last day to sign up is**

November 14, 2016. No late registrations will be taken.

Supplies: Supply list will be provided upon registration.

Last Day to Sign Up: November 14, 2016



Carole Green will be teaching us some neat techniques for making a "Fold and Stitch" wreath. Don't miss out on this fun project!

Snowman Table Topper

Date: December 6, 2016 (9:30am – 4:00pm)

Class size: 12

Cost: Pattern Book \$19, Kit \$15.00 (please read description below)

Supplies: Supplies list will be provided with payment.

Last Day to Sign Up: November 30, 2016

Kathy Sims will be in to teach us the techniques for this adorable appliqued table topper. The snowmen will look great on your table throughout the winter months. To take this class, you must purchase the pattern book. It is a copyrighted book that has many different patterns. You won't be disappointed with the book. You have two options for your supplies. You can purchase a kit that has all your fabrics needed for the project. Each kit cost \$15. The other option will be to bring your own fabrics. Just make sure to let Olivia and Miranda know your choice when signing up for the class.



****Paper Crafters will not meet in December-****

Christmas Cookie Exchange

Date: December 20, 2016 (1:00pm)

Class size: unlimited

Cost: 2 Dozen of your favorite cookies

Last Day to Sign-up: December 14, 2016

Back by popular demand is the cookie exchange. If you haven't joined us for this event please make plans this year. It is a real "treat" to fellowship with neighbors while sharing and receiving "treats" from all who come. You must have your recipe to me by December 14 in order for me to have enough time to get the cookie cook books ready to share. Bring your favorite platter to collect your mixture of cookies to take home with you.

Extension Office Closed For Holidays

The Extension Office will be closed Monday December 26, 2016 through Monday January 2, 2017 for the Christmas and New Years Holidays. Enjoy your time with family.

Homemaker Leader Lesson- Boosting Your Brain Power

Date: January 5, 2017 (10:00 AM)

Class size: Unlimited

Cost: Free

Supplies: Supplies will be given when you sign-up.

Last Day to Sign Up: January 5, 2017

Join agent Mary Beth Riley as she teaches us more about boosting your brain power. Similar to the rest of the body, the brain needs exercise and maintenance in order to optimize and protect its current and future health. Through mental exercise, you can stimulate and enhance brain cell connections and even delay the onset of Alzheimer's disease. This lesson includes activities that Homemakers can engage in to promote brain health. You do not have to be the leader lesson for the month to attend the training. If this topic interests you, please feel free to join us!

Paper Crafters

Date: January 9, 2017 (5:00pm)

Class size: unlimited

Cost: Free

Supplies: Supplies will be provided.

Last Day to Sign Up: January 6, 2017

Don't miss out on our monthly paper craft project. You just never know what we might get into, but I can guarantee it will be cute. Join us the second Monday night of every month!

Doggie Bed Workshop

Date: January 12, 2017 (9:00 AM-3:00 PM)

Class size: Unlimited

Cost: Free

Supplies: Supplies will be given when you sign-up.

Last Day to Sign Up: January 9, 2017

We have been collecting fabric scraps for a year and now it is finally time to put them to good use! Join us for a fun day of making dog beds to share with local shelters for the pups that are waiting to be adopted. This will require minimal sewing skills. Don't know how to sew? Come and stuff the beds while others do the stitching. Who can resist a fun day of sewing for our four legged friends!



Winter Weather Policy

If school is closed in Marshall or Lyon County, FCS programs at the Lyon County Extension Office will be cancelled. In the past, we have included Livingston in this (as I drive through Livingston to get to the office), but I have found they often cancel when roads are passable for me. Please be watching for Marshall or Lyon counties, and if they are closed, FCS programs will be canceled.